

'The George & Dragon'

Gluten Free Menu

Please let us know you require Gluten free

While you wait

Mixed marinated Provençale Olives £3.25

Starters

TRADITIONAL ATLANTIC PRAWN COCKTAIL

£7.95

Succulent, plump and pink Norwegian Prawns in a rich Marie Rose seafood sauce on a nest of mixed leaves

NATIVE KING SCALLOPS

£9.95

Pan seared fresh plump Scallops served on quenells of Cauliflower puree and Garden Pea puree finished with a Beurre Blanc and snipped Chives

OAK SMOKED SCOTTISH SALMON

£9.95

Simply served this classic start to a splendid meal is accompanied by a small gathering of dressed leaves, a wedge of Lemon

Main Course

FISH 'N' CHIPS

£14.95

Large fillet of fresh Haddock deep fried in gluten free batter and served with hand cut chips, real mushy peas and homemade tartar sauce

(Half size Fish available £11.95)

SLOW COOKED LAMB SHANK

£15.95

Sealed in an iron skillet then slowly roasted at the bottom of the oven until tender. Served with Truffle Oil Mash with a gluten free jus and seasonal vegetables

PAN FRIED FILLET OF SEABASS

£15.95

Crispy fried on the skin side in Olive oil, butter and a sprinkling of sea salt, served with Lemon & Chive Crushed New Potatoes, Fine French Beans and Basil Oil

AUTHENTIC SPANISH OMELETTE (V)

£12.95

Skillet cooked with New Potatoes, Red Onion, baby Vine Tomatoes, fresh leaf Spinach, secret herbs and a hint of grated Farmhouse Cheddar Cheese with a dressed salad garnish

A taste of the Far East

SINGAPORE STYLE KING PRAWNS **£15.95**

Butterflied King Prawns stir fried with Garlic, Sweet chilli and Oyster sauce, sliced Shallots, julienne of Peppers and Broccoli florets. Served with Basmati rice

THAI GREEN CURRY

VEGETABLE (V) **£12.95**

CHICKEN **£13.95**

KING PRAWNS **£15.95**

An authentic take on this exotic and fragrant dish from the Far East. Served with Basmati Rice

On the Grill

8oz FILLET STEAK (28 DAY AGED) **£22.95**

The finest and most tender cut of steak cooked to your liking and served with Tomato, Mushrooms & Hand Cut Chips

16oz T-BONE STEAK (28 DAY AGED) **£24.95**

Tender and full of flavour this favourite 'on the bone' cut of sirloin & fillet steak is served with Tomato, Mushrooms & Hand Cut Chip

16oz GAMMON 'HORSESHOE' STEAK **£15.95**

Succulent Gammon served with grilled Pineapple or two fried Hen's eggs (or both). Hand Cut Chips, grilled Tomato and fried Mushrooms

Salad Bar

SMOKED SALMON & PRAWN SALAD **£15.95**

Prime Scottish Smoked Salmon and North Atlantic Prawns served with a seasonal salad elegantly attired in Chef's handmade Vinaigrette and Marie Rose sauce

GRILLED CHICKEN & BACON SALAD **£13.95**

Chilled Chicken breast and Smoked Bacon served with a French dressed seasonal salad and accompanied by Mango Chutney on the side

We cook our Fish & Chips the traditional way in Beef Dripping to enhance the flavour and for a healthy and nutritious dish. Natural Beef Dripping is low in Trans-Fats and is

Non-Hydrogenated, so it's good for you!

If you prefer us to cook your food in Vegetable Oil please just ask.

This rare example of an Eighteenth Century Inn dating back to 1722 was painstakingly restored by the present owner Christopher in 2010 and retains many of its original architectural features.

We are proud of our tradition of old fashioned hospitality and are keen you should enjoy it...

Christopher & Jackie